



www.gwrra-okj.com

OKLAHOMA Chapter "J"

Edmond, Guthrie, North Oklahoma City

November 2011

GOLD WING ROAD RIDERS ASSOCIATION

Region H "The Hospitality Region"

Arkansas - Kansas - Louisiana - Oklahoma - Texas

FRIENDS FOR FUN, SAFETY AND KNOWLEDGE

From Your Chapter Directors:

We seem to be in the fast lane! And no matter how fast we pedal, we cannot seem to catch up. We had a great time at the Oklahoma District Convention. We especially want to thank the District Staff for such a great opportunity to be with our Gold Wing friends. Our dinner rides have been well attended, not necessarily with Gold Wings but with Gold Wingers. We look forward to our Chapter J Christmas Dinner and the fun time we always have with our Chapter family. We hope you will join us for the few remaining Chapter J events planned before we have to turn the calendar pages to the New Year.

Larry and Mary

Happy Birthday!!

NOV 1	Alisa Fogle	NOV 8	Jim Thomas	NOV 10	Cynthia Carroll
		NOV 14	Bill Duvall		

DEC 6 Vern Yost DEC 9 Kathleen Smedley DEC 16 Raymond Smedley

Happy Anniversary!!

NOV 25	Raymond and Kathleen Smedley	DEC 31	Ron and Kay Fletcher
--------	------------------------------	--------	----------------------

On the Calendar www.gwrro-okj.com for possible changes

- Nov 17
Thursday Chapter J Meeting @ Johnnie's Charcoal Broiler
33 East 33rd, Edmond
Meet there at 6:30 p.m. to eat, Meeting at 7:15 p.m.
- Nov 19-20
Saturday - Horizon Program - the most fun of any GWRRA training programs
Sunday - Everything from chapter staffing to conducting fun and effective chapter gatherings,
along with Sunday time spent on how to interact with different personality types.
Best Western Motel, Stroud OK
Register with Jack Wagner jwagner10@cox.net or 405-514-1234
- Nov 24
Thursday Happy Thanksgiving (no Chapter Get Together)
- Dec 1
Thursday Dinner Get Together at Delta Cafe
3301 S Boulevard, Edmond
Please let Larry and Mary know if you plan on going
Meet at Restaurant at 6:30 p.m.
- Dec 8
Thursday Chapter J Christmas Dinner
R & R Restaurant (Old Santa Fe Railroad Depot) 409 W Oklahoma, Guthrie
Please let Larry and Mary know if you plan on going before November 21st
Meet at Restaurant at 6:30 p.m.
- Dec 15
Thursday NO CHAPTER J MEETING

Friends Having Fun:

One of the dinner rides we had this month, the lead motorcycle was also the tail gunner. The advantage to this is you also get to choose the route you want to ride! Hmmm, there's probably more to this story!

New Region H Director

GWRRA Director Mike Stiger and Deputy GWRRA Director Dave Carter have finished the selection process for the next Region H Director. Oklahoma District Directors Bill & Dea Ann Gray have been selected. They will assume the region director position at the end of the March 2012 Region H Convention. Bill & Dea Ann will continue to serve as the Oklahoma District Directors until the end of 2011. Effective immediately Bill & Dea Ann will assume new duties as the Assistant Region H Directors working with the current Region H Team.

Oklahoma Spooktacular

The Oklahoma District Convention began Thursday, October 27th with the Night Creatures Ball and the costumes were spooktacular! On Friday and Saturday, the convention FUN continued! Chapter J Members who gathered for the fun were Walter and Karen, Raymond and Kathleen, Bill and Carolyn, Larry and Mary, Jim and Linda, John and Paula, and Jack.

Karen and Walt did a beautiful arrangement with our Chapter J Basket of goodies. Our Chapter received \$104 back from the tickets sales which was wonderful. A Special Thank You to Walter and Karen! Thanks also to all Chapter J members who contributed items to this Couple of the Year Basket. Dick and Anna May Brown from Chapter P were the winners of our basket.

One of our Chapter responsibilities was to hide the medallion on Friday and give clues as to the whereabouts. It wasn't found until after 4 p.m. which is probably the longest the medallion hunt has gone without a winner. Susan Weldon from Chapter G was finally the lucky \$25 winner.

Our Chapter also helped with the bike show on Saturday. Bill and Carolyn won 1st place with their 2012 GL1800 Stock Gold Wing. John and Paula won 1st place with their Gold Wing Trike with trailer. Congratulations to our Chapter J winners!

And we won 2nd place on our new Chapter Banner! Hurray for Chapter J!

Congratulations to Dan Scott and Cheryl Kleymann from Chapter E for being selected the 2012 Oklahoma District Couple.

It was announced that next year's Oklahoma District Convention will be returning to the SouthEast Expo in McAlester on October 4th thru 6th. The theme for next year's rally will be straight from Hollywood - "Gone with the Wing".

From Region H Director Harry Dollarhide:

Bill & Dea Ann Gray, your current Oklahoma District Directors, plan to step down effective 31 December 2011.

As your Region H Director I am providing an opportunity for Oklahoma based GWRRA officers, past and present, as well as the current ADD's who are interested in being considered as the next Oklahoma District Director to contact me. If you are interested, submit a resume directly to me with a copy to Bill Gray. A digital resume via e-mail is acceptable to director@gwrra-h.org. Paper copies may be mailed to: Harry Dollarhide, 19719 SE 59th St., Newalla OK 74857. Resumes must be received no later than 17 December 2011.

Officers selected for the District Director position must have the OCP completed before the appointment will be approved. I suggest you review the Officers Handbook, in particular Section E. District and Region Directors, Expectations of the District and Region Directors, prior to submitting your resume.

If I receive resumes by the cutoff date I will notify the parties and if necessary schedule interviews. My intention is for the selection process to be open, not a behind the scene procedure.

Drive Safe Oklahoma

The Oklahoma Highway Safety Office urges motorists to be aware that these new traffic changes became effective November 1, 2011.

“Aaron’s Law,” named for Aaron Zents, a teen killed in 2009 by a driver who ran a red light, requires the revocation of driving privilege for drivers convicted of several offenses. These offenses include the failure to stop or to remain stopped for a school bus loading or unloading children.

Under Oklahoma law, drivers are required to stop for school buses that are taking on or discharging children and displaying the red flashing loading signals. This includes drivers traveling the same direction as the bus or approaching from another direction.

The new law also states that a person convicted of reckless driving without regard for the safety of others, or for failure to obey any traffic control device when the failure results in great bodily injury of another person, will have his or her driver license revoked.

This law increases the fine for negligent homicide from \$100 to not less than \$1,000. It also provides that any person convicted of negligent homicide will be required to attend a driver improvement or defensive driving course.

Aaron’s Law states that if the person has been previously convicted for any traffic offense in the preceding 3 years, the fine will be enhanced to double the original amount.

The **“Erin Elizabeth Swezey Act”** will require the words “Interlock Required” on the driver license or ID card of a person who is under an order for an ignition interlock device. It also increases the length of time an ignition interlock device is required for DUI offenders and increases penalties.

The new law requires first-time offenders with a BAC of 0.15 percent or higher, or those who refuse a chemical test, to install an ignition interlock device for 18 months after the period of license revocation ends or until reinstatement, whichever is longer.

The act also clamps down on repeat DUI offenders, requiring second-time offenders to install an ignition interlock device for three years after the period of license revocation ends or reinstatement, whichever is longer. Third or subsequent DUI offenders must install in ignition interlock device for a period of five years after the period of license revocation ends or until reinstatement, whichever is longer.

Erin Elizabeth Swezey was an Oklahoma University student who was killed by a drunk driver in 2009.

The November 2011 GWRRA Oklahoma District Newsletter and also photo albums of the 2011 Oklahoma District Convention are on line at www.gwrraokla.org. Robert McClure does a great job as our District Newsletter Editor and District Webmaster. You will enjoy the many pictures of the Convention so be sure and check out the District website.

By the Book

By: Steve Cotton
Region H Trainer



The “By the Book” articles are intended to help familiarize GWRRA Volunteer Leaders and Members with the policies, procedures, and information contained in the GWRRA Officer’s Handbook (OHB). A copy of the Officer’s Handbook can be found at www.gwrra.org - Click on the Officer Connection tab at the bottom of the page; then select Officer’s Handbook in the upper right hand corner. Please feel free to reprint these articles in Region, District, or Chapter newsletter.

YOU are a LEADER

As I started to write this month’s article of “By the Book”, I wanted to emphasize the message our GWRRA Officer’s Handbook is providing for our Members. It is that we are all LEADERS in some way – possibly in our organization, maybe at our workplace, or even in our family.

There is a relationship between growth and leadership. It is the capacity to develop and improve our skills that distinguishes leaders from their followers. Successful leaders are **learners**. And, the process is ongoing, a result of self-discipline and perseverance. The goal each day must be to get a little better, to build on the previous day’s progress.

To Lead Tomorrow, Learn Today. Leadership is developed daily, not in a single day. The secret of success in life is for a person to be ready for his time when it comes. What a person does on a disciplined, consistent basis gets him ready, no matter what the goal. Basketball legend Larry Bird became an outstanding free-throw shooter by practicing five hundred shots each morning before he went to school. Demosthenes of ancient Greece became the greatest orator of his time by reciting verses with pebbles in his mouth, and speaking over the roar of the waves of the seashore – and he did it despite having been born with a speech impairment. The same dedication is going to work to make you a great leader and Officer. The good news is that your leadership ability is not static – no matter where you are starting from, you can get better.

There is an old saying in boxing: Champions don’t become champions in the ring – they are merely recognized there. That’s true. If you want to see where someone develops into a champion, look at his daily routine. Former heavyweight champ Joe Frazier stated, “You can map out a fight plan, or a life plan. But when the action starts, you’re down to your reflexes. That’s where your roadwork shows. If you cheated on that in the dark of the morning, you’re getting found out now under the bright lights.” Boxing is a good analogy for developing your leadership and Officer capacity, because it is all about your preparation. Even if a person has a natural talent, he has to prepare and train to become successful.

One of this country’s greatest leaders was a fan of boxing: President Theodore Roosevelt. In fact, one of his most famous quotes uses a boxing analogy that I want to leave you with this month:

It is not the critic that counts, nor the man who points out how the strong man stumbled, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs and comes short again and again; who knows the great enthusiasms, the great devotions, and spends himself in a worthy cause; who, at best, knows in the end the triumph of high achievement; and who, at the worst, if he fails, at least fails while daring greatly, so that his place shall never be with those cold and timid souls who know neither victory nor defeat.

Learn at every opportunity – we never stop learning. Thank you for everything you do for our Association, whether it is as a Member or Officer. Remember that you are a LEADER. And, continue to refer to the GWRRA Officer Handbook to find out more that you can do!

Learn Something New...Then Teach Someone!
Steve and Carolyn Cotton, Region H Trainers



Wing Wisdom Whittles

November 2011

Prepared by Steve & Carolyn Cotton,
Region H Trainers

"Whittles" articles are intended to provide information that can be presented by chapter members at monthly gatherings to help promote the Leadership Training Program. The hope is that chapters will enlist members to share the information to make it a FUN and interesting new experience.



Building a Healthier Self-Esteem

It is easy to feel overwhelmed trying to balance all of the things you want to accomplish each day. Joe Hill's book *In Pursuit of Success* offers some suggestions about maintaining a positive attitude and feeling good about yourself while navigating along life's journey. Perhaps some of these ideas will make a difference in your thinking throughout the next month or so...

1. Stop comparing yourself to anyone but you. Take a break and be easy on yourself for a change. You can't do everything as well as everyone else, but there are some things that you do well and even better than others. Remember...you don't have to be the best to be successful. You simply have to **try** to do **your best** to be successful.
2. Learn how to take a compliment with sincerity. By not acknowledging a compliment graciously, you put yourself down and may insult the person that is complimenting you. The next time someone gives you a compliment, try saying a simple "thank you" and leave it at that.
3. Become a "giver" and not a "taker". Helping other people may be considered the essence of successful living. Being needed, and having a feeling of being needed, is a basic requirement of our psychological make-up. There is a special feeling that you can receive as a result of giving to others. Unfortunately, sometimes there is not enough of this stimulus in our lives. The more you give, the more it gives back to you.
4. Don't kick yourself when you're down. You are more susceptible to negative thinking and feelings of low self-esteem when you are feeling down. At that critical time, pay more attention to how you feel about yourself and avoid beating yourself up over the little things. Instead of wasting your energy thinking "I can't do anything right", try thinking of the good things you have going on. We were each born with the capacity to do well. Look for the "good" in you!
5. Confirm the good qualities that you already have. Try writing down everything that you do well on one side of a piece of paper. Next, write down on the other side of the paper the things that you don't do well, but would like to improve on. Remember...don't compare yourself to anyone else but you. After you've completed your lists, focus your energy on the things you do best and put them to work for you. As for the "don't do well" list, pick one area of improvement at a time, and then review your good qualities to determine how your strengths can help you.
6. Use the power of your mind in a positive way with positive affirmations. Short statements like "I can do this" or "I'm getting better every day" can be a powerful way to build a healthy self-esteem. Just saying the words is not enough, though. They have to be said with emotion and conviction out loud. Try writing down two or three positive affirmations of your choice and post them in locations where you will see them often. Your vehicle dashboard, cabinet doors, bathroom mirrors and daily planners are always a great place to start reminding yourself.
7. Allocate some time to do what you're good at and enjoy doing. Don't spend a large portion of your life doing things that you constantly have to work at to be good. What do you do well? What do you enjoy doing other than work? Whatever it is, do it often in order to build yourself a healthy self-esteem. It will help you balance the things you are good at and the things you need to improve or change.
8. Be a person of action. Do you measure yourself and your success by your actions? You should. The worst thing that you can do when you're feeling down is to sit around and do nothing. It is what you do – your actions at home, in your work, and in your relationships – which determine how you feel about yourself and how successful you become. Do something – anything! Try something new and exciting! Break out of that comfort zone and the same old routine. Don't be afraid to try something new.

We have all heard the phrase that "The joy of life is in the journey", but someone recently wrote a note to us that said, "It isn't the journey that's important, but it's **who you get to travel with**". I couldn't agree more.

I'm sure you have fond memories about the people you have traveled with, and will hopefully have many more great times in the future. Thanks for the memories you have given to us.

For Sale

Chapter J Member Bill Baker has decided to sell his Gold Wing due to health issues. It is posted on Craig's list, complete with the trailer, helmets (full & half) & chaps. It's a '98 GL1500, always garaged with new battery and tires. They are asking Kelly Blue Book price of \$6500 plus an additional \$500 for the rest. They will negotiate.

Bill and Angel Baker 1-405-348-9017

Chapter 'J' Officers www.gwrra-okj.com

Chapter Directors	Larry and Mary Punneo	405-823-4501	mlpunneo@aol.com
Assistant Chapter Directors	Bill and Carolyn Duvall	405-348-0754	wduvall@sbcglobal.net
Rider Educator	Jim Thomas	405-260-2033	jthomas279@cox.net
Treasurer	Janice Miller	405-348-6326	Janicewmiller@aol.com
Membership Enhancement Coordinator	Ron Fletcher	405-282-1306	mrmowitall10@yahoo.com
Chapter Couple of the Year	Walt & Karen Barnes	405-340-3608	walt-home@sbcglobal.net
Newsletter Editor	Angel Baker	405-348-9017	angel.baker@cox.net
Prize Coordinator	Mariann Carroll	405-282-3147	MarAnn51@aol.com
Ride Coordinator	Larry Punneo	405-823-4501	mlpunneo@aol.com
Ride Coordinator	Bill Duvall	405-348-0754	wduvall@sbcglobal.net
Webmaster	Jack Wagner	405-359-7892	jwagner10@cox.net
Sunshine Lady	Kathleen Smedley	405-282-4666	
Photographer	John Ashworth	405-524-3226	John.Ashworth@cox.net

Oklahoma District Staff www.gwrraokla.org

District Directors	Bill and Dea Ann Gray	918-455-8605	bgray455@cox.net
Assistant District Director	Larry Cowan	405-535-1154	larnok@yahoo.com
District Treasurer	Jeannie Smith	918-357-2930	js2930@cox.net
District Educators	Jerry and Becky Hodges	918-663-6133	hodgesj@cox.net
Assistant District Educators	Maria and Randy Jones	405-973-4361	jonesandboy@cox.net
District Trainer	Jack Wagner	405-359-7892	jwagner10@cox.net
Membership Enhancement Coordinators	Dave & Cheryl Ward	918-476-6609	dave2cheryl@chouteautel.com
Motorist Awareness Division Coordinators	Bill & Donna Shenberger	405-650-9471	okdistrictmad@core.com
Convention Vendor Coordinators	Rick and Robin Greninger	918-272-9055	rag101353@aol.com
Webmaster	Robert McClure	405-273-1227	b-ok@sbcglobal.net
Couple of the Year Coordinators	Garry and Barbara Baird	405-943-4308	gbbaird@cox.net
Newsletter Editor	Robert McClure	405-273-1227	b-ok@sbcglobal.net
Co-Camping Coordinators	Rick and Robin Greninger	918-272-9055	rag101353@aol.com
	Dave and Sue Weldon	918-333-3287	deweldon@sbcglobal.net